



2013-Present

Restorative Yoga for Indigenous Students,

First People's House, The University of Victoria.

2014

Elder's Restorative Chair Yoga,

Tsartlip First Nation Health Centre.

2014

Womyn's Winter Restorative Practice

(50+), Mt. Brydges Ontario

2013,2014

Girl's Empowerment Camp,

London Ontario

2012

Children's Yoga Exploration, LifeSpin, London Ontario